

Perth

Highlights

Perth is one of the youngest capital cities of Australia. It is also the most remote capital city in the world with our nearest neighbour being Adelaide some 3,500km to the east.

It was founded in 1829 by Captain James Stirling who was sent to settle the area as part of his retirement package from the British fleet as a commander. Of course, he wasn't the first to arrive here, with our state having a rich history including Dutch, French and Portuguese explorers.

Of a state population of only 2 Million people, almost 3/4 live here in Perth. The majority of those remaining enjoy the country life that is the "South West" and those that are left live in the harsh extremes of the North. Most of these attracted to the wealth of the mining industry.

So, what can I see & do in Perth?

Now that you have arrived in Perth it may be time to get out and about and explore our wonderful city and its surrounds. In all your research before arriving, you have probably heard of our main sites and attractions?

There is the natural bushland of Kings Park in the centre of the city; Rottnest Island off the coast; the 'trendy' streets of Subiaco; the cappuccino strip in Fremantle - a port enveloped in culture and maritime history...

And then there are those things you don't always hear about. The Swan Valley and its wineries, Hillarys Boat Harbour and its underwater aquarium, or the coastal township of Lancelin and its surfing heritage, to name just a few.....

WA Maritime Museum

Cliff Street, Fremantle
Phone: 9431 8444
www.museum.wa.gov.au/maritime

Gold coin donation

Western Australian Museum

Perth Cultural Centre, James Street, Perth
Phone: 9427 2700
www.museum.wa.gov.au

Gold coin donation

The Perth Mint

310 Hay Street, Perth
Tours every half hour, from **\$9.90**
Phone: 9421 7218
www.perthmint.com.au

The Perth Zoo

20 Labouchere Road, South Perth
Phone: 9474 0444
www.perthzoo.gov.wa.au
\$9.90 (Wed only \$8)

Subiaco Oval

250 Roberts Road, Subiaco
To see live Aussie Rules Football go to:
www.ticketmaster7.com
Phone: 13 61 00
Match from \$22

Fremantle Prison

The Terrace, Fremantle
Phone: 9336 9200
www.fremantleprison.com
Doing Time Tour **\$15.50**
Tunnel Tour **\$45**
Torchlight Tour **\$19.50**

Burswood Casino

Great Eastern Hwy, Burswood
www.burswood.com.au

Getting Around...

With all these ideas and information, the next big question is... "How do I get there?". We have a simple system of public transport including trains and buses. For full timetable information, jump onto www.transperth.wa.gov.au.

Buses

To explore Perth at your own leisure, we have the C.A.T bus system (Central Area Transport) which is actually **FREE!**

To experience the daily organised tours, most leave from the tourist coach stand down on Wellington Street, just in front of the bus station. Some companies will even pick you up from the front of the hostel.

See Hopper in reception for a map of the bus routes.

Need a Taxi?

Call Swan Taxis on **131330**.

Or perhaps hire a car?

In Perth, we have all the usual suppliers of vehicles. Our preferred company is locally based Ezidrive. They have competitive rates and even deliver the car to the front door of the hostel. Too easy!

Ezidrive

640 Newcastle St.
www.ezidrive.com.au
Phone: 92277111

Bayswater Car Rentals

160 Adelaide Terrace
www.bayswatercarrental.com.au
Phone: 93251000

M2000 Car Rental

166 Adelaide Terrace
www.m2000.com.au
Phone: 9325 4110

Budget Rent-a-car

960 Hay St
www.budget.com.au
Phone: 132727

Europcar

3 Gordon St
www.europcar.com.au
Phone: 9226 0026



A lot of these sites are easily visited using our public transport or even hiring a car but sometimes it's just easier to jump on one of the many organised tours which operate around Perth on a daily basis. Please find below a list of tours and attractions which you may find of interest.

Rottnest Island from \$58

Rottnest Ferry return trip
Rottnest Ferry + island coach tour and lunch
Rottnest Ferry + bicycle hire

Rockingham Dolphins from \$75

Swim with the Dolphins – Day tour
Watch the dolphins – Day tour

Scarborough & Lancelin Surf School from \$79

Scarborough Beach hourly surf lessons
Lancelin surf trip – day tour
5 day surf school in Lancelin

Malibu Diving - Rottnest from \$150

2 dive all inclusive day to Rottnest
4 day Open Water dive course
2 day Advanced dive course
"Discover Scuba" Rottnest day trip
"Discover Snorkelling" Rottnest day trip

About Bike Hire from \$6

Hire a bike and ride around the Swan River and Kings Park

Oceanic Cruises from \$14

Perth to Fremantle by ferry
Perth to Fremantle and return to Perth by ferry
Perth to Fremantle by ferry and tram tour around Fremantle
Swan Valley wine cruise with lunch and booze all included

Big Sky Winery Tours \$65

Swan Valley bus trip winery tour with lunch

Scenic Helicopter Flights from \$60

Heliwest, Trinity Avenue, North Perth Foreshore
5, 15 or 30 minute scenic tour of Perth & Fremantle

The "Triple Tour" from \$65

Combination of Perth sight seeing bus trip, Swan River ferry ride and Fremantle Tram ride to see all the sights. (Can be spread over 2 days)

Skydive Express from \$260

Tandem jump day trip
Sky Diving courses also available

Brookleigh Equestrian Estate from \$40

Horse riding in the Swan valley

Boshack Wilderness Experience

Be taken on a journey of real Australian history, culture & heritage, just 90 minutes from Perth, near Toodyay.

Rivergods Paddle Adventures from \$85

Full Day Murray River white water rafting
1/2 day Avon River white water rafting

Yanchep Camel and Horse Rides from \$50

Horse riding day trip
Camel riding day trip

Pinnacles Desert from \$99

Day trip to the Nambung National Park to see the mysterious Pinnacles

Pedal Oz

Mountain biking trips around Perth
City discovery from \$69
Swan Valley trip from \$89

Australian Pinnacle Tours from \$99

4WD Pinnacles trip, Wave Rock/Aboriginal Culture tour, Margaret River/Wine and Cape Leuwin trip, Valley of the Giants trip. These are all day trips....

During your stay with us here at The Hat, your feet may just touch the ground long enough to find a little bit of routine. If lifting beers to your lips is your definition of exercise and your feeling a bit flab, the following information may be of interest to you?

Beatty Park Leisure Centre

220 Vincent Street, North Perth
9273 6080
www.vincent.wa.gov.au

This leisure/fitness centre is just around the corner and is open from very early (am) to the early evening (pm). Its home to a number of pools both indoor and outside as well as a fully equipped weights training Gym. They also conduct yoga and pilates classes as well.

\$3.70 will get you a swim

\$12.00 will get you a day pass to use all of the facilities

\$80.00 will get you a pass for a month using all the facilities

Fitness First

166 Murray Street Mall
9421 3100
www.fitnessfirst.com.au

More dedicated to the "Gym Junkie" this club is floor to ceiling weights and training. They also run the usual fitness classes as well. They do have a Sauna and steam room, but no pool.

\$18 will get you a day pass

\$30 will get you a 2 week pass to all facilities.

This can only be purchased online though and you must take your receipt to the club where they will exchange it for a 2 week membership card.

Great value!

Paragon 8 Fitness

Paragon Arcade
Level 1, 797 Hay Street Perth
9322 1588

This is a very similar club to Fitness first, but they do have a pool/sauna/spa which may be a bonus if that is what you are after. Rates are a bit different as you have to sign up with a **\$44** "assessment", but after that it is only **\$8.00** to use the facilities.

Feel like a run perhaps?

The absolute best place to run in Perth is right at the top of the Street. Hyde Park was designed around the same time as this building (1897) and was based on Londons Hyde Park. It has a running path which surrounds a small lake with pretty birds and all the good stuff. Do a Kilometre for me whilst your up there.

Or a game of tennis?

The Tennis Courts across the road are available for hire. Phone Tennis Central on 9328 8128. Court hire starts at **\$11 for 1/2hr.**

Other useful web sites of information...

For all your public transport enquiries go to **www.transperth.wa.gov.au**

Want to know what the weather is doing today or tomorrow? Go to **www.bom.gov.au** or look for the print out on the office door.

For directions ask Hopper in reception...

